

# MEDICAL MESSAGE THERAPY



If helping clients with their health and well-being interests you, take a look at medical massage therapy, where you can apply your passion for improving the quality of life for others through therapeutic massage. Massage therapy is now widely recognized as a reputable healing method in many hospitals, clinics and health centers. Massage therapists can play an important role in caring for a variety of medical issues, from rehabilitation of injuries to improving circulation, relieving stress and more.

Daymar's Medical Massage Therapy Program focuses on a variety of Swedish and Therapeutic techniques and teaches basic skills in several modalities. Daymar students will also have the opportunity to practice their skills in Daymar's massage clinic which allows students to build their confidence and gain experience in the field.

## Career Overview for Medical Massage Therapist

Medical Massage Therapy graduates may have the opportunity to practice clinical massage and collaborate with other medical professionals to create comprehensive wellness plans for client's rehabilitation needs in both the medical and spa settings.

Medical massage is typically practiced in hospitals, medical facilities, physician's offices, wellness centers, rehabilitation clinics, and fitness centers. Additionally, our students can successfully work in spas, resorts, holistic centers, become independent contractors, and even start their own business.

## Skills That Are Helpful in Massage Therapy Field

Medical massage therapy is a hands-on and caring profession. Characteristics that many massage therapists demonstrate include compassion, observation, relationship building, empathy and organization.



## DEGREES OFFERED

### • Diploma

Successful students may apply to take the state licensing examination and submit an application to the state board to become a fully Licensed Massage Therapist (LMT). Licensure by the state is a requirement in the field of massage therapy.

## WHAT YOU'LL LEARN:

- Neuromuscular Massage
- Trigger Point Therapy
- Myofascial Release
- Deep Tissue
- Orthopedic Testing
- Sports and Rehabilitation therapy
- Prenatal
- Geriatric
- Oncology Massage
- Reflexology
- Energy Concepts
- Thai
- Spa Therapies: Hydrotherapy, Hot Stone, Aromatherapy and Body Treatments



## WHERE YOU MIGHT WORK

- Rehab Clinics and Hospitals
- Massage Therapy Clinics
- Doctors'/Chiropractic Offices
- Nursing Homes
- Spas, Health and Fitness Centers
- Self-employed Private Practice

## JOB OUTLOOK

### Massage Therapy

Average employment growth projections 2019-29

**MASSAGE  
THERAPISTS**

**21%**

Source: <https://www.bls.gov/ooh/healthcare/massage-therapists.htm>



**NASHVILLE**  
750 Envious Lane  
615-361-7555



**DAYMAR**  
COLLEGE

[www.daymarcollege.edu](http://www.daymarcollege.edu)



# Medical Massage Therapy



The Medical Massage Therapy Diploma program provides students with the learning experiences, skills, and professionalism to excel in the massage therapy field. The program provides instruction in Swedish techniques, therapeutic techniques, special populations, and some spa techniques to allow our students to be well-rounded massage therapists suitable for many avenues of employment. This program includes classes in anatomy & physiology, pathology, kinesiology, ethics, business, applicable laws, and massage theories and practices. Students who complete the program will be prepared to take the Massage & Bodywork Licensing Exam (MBLEX) offered through the Federation of State Massage Therapy Boards (FSMTB). This program is designed for students to complete in 9 months if they complete 250 clock hours per quarter.

### Program Course Requirements: Diploma

*Clock Hours Required = 750*

*This program is designed for students to complete in 9 months*

- MMT104 Anatomy, Physiology, & Kinesiology
- MMT105 Fundamentals of Massage Therapy Theory & Practice
- MMT134 Medical Massage
- MMT124 Pathology
- MMT235 Massage Therapy Clinic I
- MMT281 Adjunct Modalities in Massage Therapy
- MMT245 Business, Law, & Ethics of Massage Therapy
- MMT236 Massage Therapy Clinic II & Licensure Review

For more information on this program's admission requirements, course details and criteria please refer to the catalog.

